Daily Fresh Fruits and Vegetables!!

Menuplan from April 03rd till May 05th

Fresh Cooking on site!!

Tuesday

Menu/Day

Monday



Friday

Order Form

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	Family No	ame :					
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10	Class :						
	Street / House number :						
	Zip Code / Town :						
	Monday	Tuesday	Wednesday	Thursday	Friday		
	×	×	x	x	x	Menu A	Š
	x	x	x	x	x	Menu B	Week 1
	Monday	Tuesday	Wednesday	Thursday	Friday		
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Please hand in to Kiosk Vielfaltmenü c/o ISF

Straße zur Internationalen Schule 33

65931 Frankfurt am Main

	Week from April 03rd till April 14th					Monday	Wednesday	Th	
A Kids Favourite Meal						x	x	x	
B Around the world	Spring break from April 03rd till April 14th					x	x	x	
Salad									
Dessert									
		Week fro	om April 03rd till April 07th	<u> </u>	-	Monday	Tuesday	Wednesday	The
A Kids Favourite Meal	Hot Dog with French fries Cucumbers and Ketchup	Spaghetti "Bolognese" with Cheese (R, aw, uw, am)	"Arroz con Pollo" Chicken with Rice bell Pepper and Peas (G)	Pancake with Cinnamon, Sugar and Applesauce (V, aw, uw, ae, am)	Pasta with Tomato sauce and Cheese				
В	(G, aw, uw, 2,3,15) vegetarian Lasagne	"Chana" Chick Peas with Tomatoes	"Frankfurter Grüne Soße" with boiled Egg	Chicken Masala with Basmati rice	(V, aw, uw, am) Plaice in Batter with Lemon, Potatoes and				T
		and Basmati rice (V)	and Potatoes (V, ae, am, bm)	and Broccoli am)	Cauliflower (F, aw, uw, gb, af)				
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season				
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	<u> </u>			
A	Chicken Crossies	Macaroni	om April 17th till April 21th Breast of Chicken	Cevapcici	Pizza with Tomatoes and	Monday	Tuesday	Wednesday	The
Kids	with sweet Corn	with Herb Cheese Sauce	with Gravy, Potatoes	with Rice	Cheese (V, aw, uw, am)				
Favourite Meal	and Potato Wedges (G, aw, uw)	Carrots (V, aw, uw, am)		carrots and Peas (R, aw, uw, ae, bm)	Salami available (S, 2, 3, 15, aw, uw, am)				
B Around the world	Gnocchi with Tomato-Mushroom in Cream (V, aw, uw, ae, am)	Coal fish with Basmati Rice and Ratatouille (F, af)	Cauliflower-Potato-Curry with Basmati Rice (V)	Spaghetti "Asian Style" with Carrots, Leek and Broccoli (V, aw, uw, ay, 23)	Goulasch of Beef with imperial Vegetables and Potatoes (R)				
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season				
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season				
		1	om May 01st till May 05th	Sarambled East	Tich fingage	Monday	Tuesday	Wednesday	The
A Kids	Labarra Barr	Spaghetti Tomato-Basilsauce	Escalope of Chicken	Scrambled Egg	Fish fingers				
Favourite Meal	Labour Day No School	and Cheese (V, aw, uw, am)	with Rosmarin Potatoes Imperial Vegetables (G, aw, uw, gb)	with creamed Spinach and Hash Browns (V, ae, am)	with mashed Potatoes and Carrots (F, aw, uw, am, af)	X			
B Around the world	Labour Day No School	Fricassee of Chicken Peas and Asparagus served with Rice	Ravioli with Herb-Cheese-Sauce		Mini-Spring roll with mediterranean Couscous (V, 2, aw, uw, ae, ay)	x			
the world		(G, am)	(V, aw, uw, ae, am) Y	(R, G, aw, uw, ay, am)	(V, 2, aw, uw, ae, ay)				
Salad		Salad of the season	Salad of the season	Salad of the season	Salad of the season				
Dessert		Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season				
Additives: 1 mix;	- with colours, 2 - with preserva	tives, 3 - with antioxidants, 4 - wi	th flavour enhancers, 5 - with sw	eeteners, 7 - with phosphate, 8 -	waxed, 15 - with nitrite salting		D	lagea h	an

Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, qb - contains barley*, qo - contains oat*, qs - contains spelt*, qk - contains kamut*,

ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almond*, sh - contains brazil nut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st -

contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur VielfaltMenü Contact: Steve Völker 069/37568575 | Fax 069/37568576 | Mail isf.3192@vielfaltmenue.com

Wednesday

Thursday