

Daily Fresh Fruits and Vegetables !!

Menuplan from January 09th till February 3rd

Fresh Cooking on site !!



Order Form

Family Name :

First Name :

Class :

Street / House number :

Zip Code / Town :

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from January 09th till January 13th					
A Kids Favourite Meal	Penne "Napoli" with Tomato sauce and Cheese (V, aw, uw, am)	Escalope of Chicken with Potatoes and Imperial Vegetables (G, aw, uw, gb)	Mini Meat balls of Beef with Rice and mixed Vegetables (R, aw, uw, ae, bm)	"Arroz con Pollo" Chicken with Rice bell Pepper and Peas (G)	Spaghetti "Asian Style" with Carrots, Leek and Broccoli (V, aw, uw, ay, 23)
B Around the world	Fricassee of Chicken Peas and Asparagus served with Rice (G, am)	Tortellini mit Basil-Tomatoesauce and Cheese (V, aw, uw, ae, am)	"Schupfnudeln" with Mushrooms, Carrots and Beans (V, aw, uw, ae)	Hash Browns with Applesauce (V)	Coal fish with Potatoes and Savoy (F, af)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu
					Menu A
					Menu B

Week 1

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from January 16th till January 20th					
A Kids Favourite Meal	Rigatoni "al Forno" topped with Cheese (V, aw, uw, am)	Stewed Chicken with Basmati Rice and Peas (G)	Pancake with Cinnamon, Sugar and Applesauce (V, aw, uw, ae, am)	Spaghetti "Bolognese" with Cheese (R, aw, uw, am)	Fish fingers with mashed Potatoes and Carrots (F, aw, uw, af)
B Around the world	Goulasch of Beef with red Cabbage and Dumplings (R)	Mini-Spring roll with mediterranean Couscous (V, 2, aw, uw, ae, ay)	Steak of Turkey with Gratin Potatoes and Beans (G, am)	Brussels Sprouts soufflé with Potatoes, Carrots bell Pepper and Feta (V, am)	Fried Mushrooms with Hash Browns and Yoghurt Dip am)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Berliner

Monday	Tuesday	Wednesday	Thursday	Friday	Menu
					Menu A
					Menu B

Week 1

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from January 23rd till January 27th					
A Kids Favourite Meal	Boiled Sausage of Poultry with French fries and Sweet Corn (G, 3, 7, 15)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Leg of Chickhen with Potato Wedges and Peas (G)	Fried Rice "Asian Style" with Eggs Peas, Carrots (V, ae)	Pizza with Tomatoes and Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am)
B Around the world	"Maultaschen" German Ravioli with Beans, Tomatoes bell Pepper and Carrots (V, aw, uw, ae, bc)	Paella Rice with Chicken and Shrimps (G; F, ac, af, um, 23)	Chili sin Carne Beans with Sweet Corn and Tomatoes (V)	Chicken Masala with Basmati rice and Broccoli am)	Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu
					Menu A
					Menu B

Week 1

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from January 30th till February 03rd					
A Kids Favourite Meal	Pasta "Bolognese" with Cheese (R, aw, uw, am)	Omelette with Spinach and mashed Potatoes (V, ae, am)	Breast of Chicken with Gravy, Potatoes and Cauliflower (G)	Spaghetti with Spinach sauce and Cheese (V, aw, uw, am)	Hamburger with Tomatoes, Cucumber and French fries aw, uw, as)
B Around the world	Yeast Dumpling filled with Cherries served with Custard (V, 3, aw, uw, ae, am)	Burritos stewed Chicken and salsa sauce available (G, aw, uw)	Gnocchi with Tomato-Mushroom in Cream (aw, uw, ae, am)	Fishfilet Francais with Basmatirice and Broccoli (F, 1, aw, uw, af)	Lentil Soup with fresh Vegetables Sausage of Beef available (R; V)
Salad	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
Dessert	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday	Menu
					Menu A
					Menu B

Week 1

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;
 Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oat*, gs - contains spelt*, gk - contains kamut*, ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk*, an - contains nuts*, sa - contains almond*, sh - contains hazelnut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st - contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur dioxide and sulphites, nl - contains lupin*, um - contains molluscs*; *and products thereof

Please hand in to Kiosk
Vielfaltmenü c/o ISF

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