Daily Fresh Fruits and Vegetables!!

Menuplan from January 09th till February 3rd

Fresh Cooking on site!!

Wednesday

Salad of the season

Fruits of the season

Salad of the season

Fruits of the season

Week from Jaunuary 09th till January 13th

with Rice and

mixed Vegetables

"Schupfnudeln"

(V. aw. uw. ae)

and Applesauce

Steak of Turkey

and Beans

(G, am)

and Peas

Chili sin Carne

and Tomatoes

Week from Jaunuary 30th till February 03rd

Breast of Chicken

and Cauliflower

(aw. uw. ae. am)

(G)

Gnocchi

in Cream

with Gravy, Potatoes

with Tomato-Mushroom

Salad of the season

Fruits of the season

Pancake

with Mushrooms,

Carrots and Beans

Week from Jaunuary 16th till January 20th

with Cinnamon, Sugar

(V, aw, uw, ae, am)

with Gratin Potatoes

Week from Jaunuary 23rd till January 27th Leg of Chichken

with Potato Wedges

Beans with Sweet Corn

Salad of the season

Fruits of the season

(R, aw, uw, ae, bm)

Mini Meat balls of Beef

Thursday

Salad of the season

Fruits of the season

Spaghetti "Bolognese"

Brussels Sprouts soufflé

Salad of the season

Fruits of the season

Salad of the season

Fruits of the season

Salad of the season

Fruits of the season

513-W

with Potatoes, Carrots

Fried Rice "Asian Style"

"Arroz con Pollo"

Hash Browns

with Cheese

(R, aw, uw, am)

bell Pepper and Feta

(V, am)

with Eggs

(V, ae)

am)

Peas, Carrots

and Broccoli

Spaghetti

and Cheese

and Broccoli

Chicken Masala

with Basmati rice

with Spinach sauce

(V, aw, uw, am)

Fishfilet Francais

with Basmatirice

(F. 1. aw. uw. af)

with Applesauce

Chicken with Rice

bell Pepper and Peas

Tuesday

Escalope of Chicken

Imperial Vegetables (G, aw, uw, gb)

(V. aw. uw. ae. am)

Stewed Chicken

Mini-Spring roll

with mediterranean

with Tomato sauce

(V, aw, uw, am)

and Shrimps

Omelette

with Spinach

(V, ae, am)

(G, aw, uw)

Burritos

Rice with Chicken

(G; F, ac, af, um, 23)

and mashed Potatoes

stewed Chicken and

salsa sauce available

(V, 2, aw, uw, ae, ay)

Salad of the season

Fruits of the season

Salad of the season

Fruits of the season

Salad of the season

Fruits of the season

and Peas

Couscous

Pasta

(G. A and Cheese

(G)

with Basmati Rice

mit Basil-Tomatoesauce

Salad of the season

Fruits of the season

with Potatoes

and Cheese

Menu/Day

Kids

avourite

Meal

Around

the world

Salad

Dessert

Kids

Favourit

Meal

Around

the world

Salad Dessert

Kids

Favourite

Meal

Around

the world

Salad

Dessert

Kids

Favourite

Meal

Around

the world

Salad

Corn

3, 7, 15)

Monday

Salad of the season

Fruits of the season

Salad of the season

Fruits of the season

with French fries and Sweet

"Maultaschen" German Ravioli

Salad of the season

Fruits of the season

Boiled Sausage of Poultry

with Beans, Tomatoes

bell Pepper and Carrots

(V, aw, uw, ae, bc)

Pasta "Bolognese"

(R, aw, uw, am)

Yeast Dumpling

filled with Cherries

served with Custard

(V. 3. aw. uw. ae. am)

Salad of the season

Fruits of the season

with Cheese

Penne "Napoli"

(V, aw, uw, am)

served with Rice

and Cheese

(G. am)

with Tomato sauce

Fricassee of Chicken

Peas and Asparagus

Rigatoni "al Forno"

topped with Cheese

(V, aw, uw, am)

Goulasch of Beef

and Dumplings

with red Cabbage



Family Name :

Order Form

∞	First Nan	1e:					
ielfalt MENU	Class:						
	Street / House number :						
Eridau	Street / House number : Zip Code / Town :						
Friday	Zip Code Monday	/ Town : Tuesday	Wednesday	Thursday	Friday		
Spaghetti "Asian Style"	Monday	Тиезциу	Veanesday	Indisday	Fitady		
with Carrots, Leek						Menu	
and Broccoli						A	
(V, aw, uw, ay, 23)						_ ^	5
Coal fish with	-			<u> </u>		+	le
Potatoes						Menu	Neek
and Savoy						В	20
							1
(F, af) Salad of the season		1		1		-	
Fruits of the season							
Francis of the season	Monday	Tuesday	Wednesday	Thursday	Friday		
Fish fingers							
with mashed Potatoes	1					Menu	
and Carrots						A	
(F, aw, uw, af)	1						2
Fried Mushrooms							Neek
with Hash Browns	1					Menu	0
and Yoghurt Dip (\						В	8
am)							1
Salad of the season		-	1	-	1	1	
Berliner							
	Monday	Tuesday		Thursday	Friday		
	Monady	Tuesday	Wednesday	Inursaay	ritiday		
Pizza with Tomatoes and	Монацу	Tuesday	Wednesday	Inursaay	Friday		
Pizza with Tomatoes and Cheese (V, aw, uw, am)	Монаду	Tuesaay	Wednesday	Thursday	riday	Menu	
Cheese (V, aw, uw, am)	Монацу	luesaay	Wednesday	Inursaay	riuay	Menu A	
Cheese (V, aw, uw, am)	Monady	luesaay	Wednesday	Inursaay	Fittagy		W
Cheese (V, aw, uw, am) Salami available	Monady	Tuesday	Wednesday	Inursaay	riday		Wee
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am)	Monady	Tuesday	Wednesday	Inursaay	riday		Week
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter	Monady	iuesaay	Wednesday	Inursaay	riudy	A	Week 1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and	Monady	iuesaay	Wednesday	Inursaay	riday	A Menu	Week 1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower	Monady	luesaay	Wednesday	Inursady	riday	A Menu	Week 1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af)						A Menu	Week 1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season	Monday	Tuesday	Wednesday	Thursday	Friday	A Menu	Week 1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with						A Menu B	Week 1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber						Menu B	Week 1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries						A Menu B	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as)						Menu B	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup						Menu B	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables						Menu B Menu A	Week 1 Week
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available						Menu B	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available (R; V)						Menu B Menu A	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available (R; V) Salad of the season						Menu B Menu A	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available (R; V) Salad of the season Fruits of the season						Menu B Menu A	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available (R; V) Salad of the season Fruits of the season Fruits of the season (R; V) Salad of the season Fruits of the season Fruits of the season (15 - with nitrite salting mix;		Tuesday	Wednesday	Thursday	Friday	Menu B Menu A Menu B	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available (R; V) Salad of the season Fruits of the season , 15 - with nitrite salting mix; elt*, gk - contains kamut*, ax -		Tuesday	Wednesday	Thursday		Menu B Menu A Menu B	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available (R; V) Salad of the season Fruits of the season Fruits of the season (R; V) Salad soft available (R; V)		Tuesday	Wednesday	Thursday	Friday Eto Kiosk	Menu B Menu A Menu B	1
Cheese (V, aw, uw, am) Salami available (S, 2, 3, 15, aw, uw, am) Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af) Salad of the season Fruits of the season Hamburger with Tomatoes, Cucumber and French fries aw, uw, as) Lentil Soup with fresh Vegetables Sausage of Beef available (R; V) Salad of the season Fruits of the season , 15 - with nitrite salting mix; elt*, gk - contains kamut*, ax -		Tuesday	Wednesday	Thursday	Friday Eto Kiosk	Menu B Menu A Menu B	1

Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains rye*, gb - contains barley*, go - contains oat*, gs - contains spelt*, gk - contains kamui contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains fish*, ap - contains peanuts*, ay - contains soybeans*, am - contains milk contains nuts*, sa - contains almond*, sh - contains hazelnut*, sw - contains walnut*, sc - contains cashew*, sp - contains pecan nut*, sr - contains brazil nut*, st - contains pi sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains mustard*, as - contains sesame*, au - contains sulphur dioxide and sulphites, contains lupin*, um - contains molluscs*; *and products thereof

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