

# Daily Fresh Fruits and Vegetables !!

Menu plan from August 28th till September 22nd

Fresh Cooking on site !!



## VielfaltMenü

# Order Form

Family Name :

First Name :

Class :

Street / House number :

Zip Code / Town :

Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday
Week from August 28th till September 1st					
<b>A Kids Favourite Meal</b>	Mini Meatballs with Basmati Rice and Carrots (R, aw, uw, ae)	Spaghetti "Napoli" with Tomato sauce and Cheese (V, aw, uw, am)	Sausage of Poultry with French fries and Carrots (G, 2,3,15)	Stewed Chicken with Basmati Rice Beans (G)	Fish fingers with mashed Potatoes and Peas (F, aw, uw, af)
<b>B Around the world</b>	Ravioli filled with Cheese served with Herb sauce (V, aw, uw, ae, am)	Steak of Turkey with Gratin of Potatoes and Beans (G, am)	Cauliflower-Curry with Potatoes and Basmati Rice (V)	"Schupfnudeln" with Mushrooms, Carrots and Beans (V, aw, uw, ae)	Pasta "Florentine Style" with Spinach and Tomatoes (V, aw, uw)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from September 04th till September 08th					
<b>A Kids Favourite Meal</b>	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Pasta "Asian style" with Carrots, Leek and Broccoli (V, aw, uw, ay)	Breast of Chicken with Potatoes and Broccoli (G)	Fried Sausage of Poultry with Potatoes and Broccoli (G, 2, 3, 7, 15)	Breast of Chicken with Basmati Rice and Ratatouille (G)
<b>B Around the world</b>	Plaice in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af)	Fish in Batter with Lemmon, Potatoes and Cauliflower (F, aw, uw, gb, af)	Hash Browns filled with Cheese served with Ratatouille (V, am)	"Chili sin Carne" Kidney Beans with Sweet Corn and Nachos (V)	Tortellini "al Forno" topped with Bell Pepper and Mozzarella (V, aw, uw, ae, am)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from September 11th till September 15th					
<b>A Kids Favourite Meal</b>	Hamburger with Tomatoes, Cucumber and French fries (R, aw, uw, as)	Omelette with Spinach and Potatoes (V, ae, am)	Pasta "Bolognese" with Cheese (B, aw, uw, am)	Escalope of Chicken with Potatoes and Imperial Vegetables (G, aw, uw, gb)	Fish fingers with Basmati rice and carrots (F, aw, uw, af)
<b>B Around the world</b>	"Hirtentasche! with Cheese, Bulgur and mixed Vegetables (V, aw, uw, am, ae)	Burritos stewed Chicken and salsa sauce available (G, aw, uw)	"Chana Masala" Chick Peas with Basmati rice (V)	Hach browns topped with Tomato and Mozzarella (V, am)	Gnocchi with Tomatoes and Mushrooms Sauce (aw, uw, ae, am)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season
Week from September 18th till September 22nd					
<b>A Kids Favourite Meal</b>	Leg of Chicken with Wedges, Peas and Sweet Corn (G)	Spaghetti "Napoli" with Tomato sauce and Cheese (V, aw, uw, am)	Cevapcici with Djuvec Rice and mixed Vegetables (R, aw, uw, ae, bm)	Mini-Spring roll with Basmati Rice and Carrots (V, aw, uw, ae)	Pizza with Tomatoes and Cheese (V, aw, uw, am)
<b>B Around the world</b>	Hash Browns filled with Cheese served with Ratatouille (V, am)	Chicken Masala with Basmati rice and Broccoli (am)	Brussels Sprouts soufflé with Potatoes, Carrots bell Pepper and Feta (V, am)	Pollock filet with Lemmon, Leek and Potatoes (F, af, am)	Goulash of Turkey with Dumplings and Brussels Sprouts (G)
<b>Salad</b>	Salad of the season	Salad of the season	Salad of the season	Salad of the season	Salad of the season
<b>Dessert</b>	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season	Fruits of the season

Monday	Tuesday	Wednesday	Thursday	Friday		
					Menu A	Week 1
					Menu B	
					Menu A	Week 1
					Menu B	
					Menu A	Week 1
					Menu B	
					Menu A	Week 1
					Menu B	

**Additives:** 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix;  
**Allergens:** aw - contains cereals containing gluten\*, uw - contains wheat\*, nr - contains rye\*, gb - contains barley\*, go - contains oat\*, gs - contains spelt\*, gk - contains kamut\*, ax - contains other gluten containing grain\*, ac - contains crustaceans\*, ae - contains eggs\*, af - contains fish\*, ap - contains peanuts\*, ay - contains soybeans\*, am - contains milk\*, an - contains nuts\*, sa - contains almond\*, sh - contains hazelnut\*, sw - contains walnut\*, sc - contains cashew\*, sp - contains pecan nut\*, sr - contains brazil nut\*, st - contains pistachio\*, sm - contains macadamia nut\*, sq - contains queensland nut\*, bc - contains celery\*, bm - contains mustard\*, as - contains sesame\*, au - contains sulphur

Please hand in to Kiosk  
Vielfaltmenü c/o ISF

Straße zur Internationalen Schule 33  
65931 Frankfurt am Main

**VielfaltMenü Contact:** Steve Völker 069/37568575 | Fax 069/37568576 | Mail isf.3192@vielfaltmenue.com